

Back to Basics

Welcome to **Back to Basics** powered by the Kellogg School Center for Nonprofit Management. By providing you this weekly resource, we hope you are reminded of evidence-based leadership strategies to lead your team through this crisis.



AIM

This week, we are thrilled to share with you a new pre-recorded webinar featuring Professor Eli J. Finkel, [Work, Love and Relationships in the Time of Coronavirus](#).



ACCESS

Click [HERE](#) to access this Kellogg Executive Education webinar.



APPLY

During this webinar, Professor Finkel reminds us of the foundations of healthy relationships and approaches you can choose to leverage as more is demanded of us. These strategies are applicable across personal and professional relationships.

- **Altering Perceptions** – Can you look at daily tasks with new eyes?
- **Balancing Expectations** – How can you adjust the expectations you have of yourself, your loved ones and your colleagues?
- **Approaching Every Interaction with Empathy** – How can you renew your empathic mindset?
- **Staying Connected** – How can we use this time to connect in a new way?
- **Making Yourself Aware** – As you may have read, we are all in the same storm, but not in the same boat. How can you make yourself available?

As we all face different personal and professional situations, we hope you are able to find balance amongst your circumstances and demands. Thank you for maintaining the fabric of our society and providing safety nets for those in need.

We are grateful to [Professor Eli J. Finkel](#) and the valuable guidance he has provided as we navigate these uncharted circumstances.

Kind Regards,

Your Team at the Kellogg Center for Nonprofit Management

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