

## Back to Basics

This week we are sharing our final Back to Basics content with you. We started Back to Basics in late March during an unprecedented and unplanned global pandemic with the goal of sharing proven leadership and management strategies.

Attending to emotional health and well-being is crucial to navigating troubled waters. This week we are pleased to share a recently recorded webinar with Dr. Stephanie Ross on [The Emotional Impact of the COVID-19 Pandemic: Navigating Current and Future Mental Health Challenges](#). We recognize that individual leaders like you make a difference in your organizations and it is important that you take care of yourselves during this time of needed social change.

We hope to continue to be a resource for you as you take care of yourselves, your families, your organizations and your communities. Our team is working to create new live stream resources for you that will build your leadership toolkit as you navigate the future. Look for more information in July about our Fall Program Portfolio and Leadership Series.

We'll be seeing you soon!

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