# Energizing People for Performance November 8 – November 17, 2020

Info Session

#### Your Kellogg Team



**Kristi Winchester** Program Manager



**Gretchen Baker**Associate Director of Advising

## **Academic Directors**



Gail Berger
Deputy Director
Kellogg Center for Executive Women
Clinical Associate Professor
Kellogg School of Management
McCormick School of Engineering
School of Communication

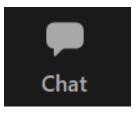


Ann Zastrow
Senior Director, Executive
Education Programs

# **Program Overview**

### **Energy Zappers – Multiple choice Poll**

- The Passive Aggressive
- The Criticizer
- The Glass Half-Empty
- The Martyr
- The Attention Seeker
- The Control Freak
- The Contrarian
- The Drama Queen
- The Bully
- The Finger-Pointer



# What other energy zappers do you experience at work?

We cannot risk having energy zappers take over at work. Instead you need to have the skills and abilities to energize yourself and others as leader!

#### **ENERGIZING PEOPLE FOR PERFORMANCE**

Academic Directors: Gail Berger, Ann Zastrow

#### NOVEMBER 8-17, 2020

Program Manager: Kristi Winchester winchester@kellogg.northwestern.edu

Academic Directors. Gail Derger, Ann Zastrow				k-winchester@kellogg.northwestern.edu	
WEEK 1					
TIME (US CENTRAL)	SUNDAY NOVEMBER 8	MONDAY NOVEMBER 9	TUESDAY NOVEMBER 10	WEDNESDAY NOVEMBER 11	THURSDAY NOVEMBER 12
8:15-8:30		Virtual Classroom Open	Virtual Classroom Open	8:00-8:30 Networking Coffee Chat	Virtual Classroom Open
8:30-12:00 (WITH BREAK)	4:00-5:30 Program Welcome; Maximizing Your Experience; Improv & Positive Alacrity	Leader as Coach	Dynamics of Positive Interactions	Energizing People with Feedback	Encouraging Positive Communications
	Gail Berger	Fred Harburg	Gail Berger	Shanna Carroll	Brenda Ellington Booth
12:00-1:00	Ann Zastrow	Virtual Office Hour (Optional)	Virtual Faculty Lunch (RSVP Required)		
4:00-6:00		Small Group Coaching Session  One time during the program, each participant will be meeting in a small group of 3 with a coach.  Coaching will generally happen in the late afternoon/evening during the first week of the program.  We will try to be flexible and make accommodations based on time zones, etc.			
WEEK 2					
TIME (US – CENTRAL)	FRIDAY – SUNDAY	MONDAY NOVEMBER 16	TUESDAY NOVEMBER 17		
8:15-8:30		Virtual Classroom Open	8:00-8:30 Networking Coffee Chat	Thank you for joining us for this program!	
8:30-12:00 (WITH BREAK)	Weekend Asynchronous Learning Activity	8:30-9:00 Reflection – Weekend Work; Positive Alacrity Gail Berger  9:00-12:00 Understanding Our Own Energizers and the Energizers of Others! Jeannette Colyvas	Energizing People Through Job Crafting  Gail Berger		
12:00-1:00		Virtual Office Hour (Optional)			

# **Program Faculty**



Fred Harburg
Clinical Professor of
Executive Education



Brenda Ellington Booth Clinical Professor of Leadership



Shana Carroll
Clinical Associate
Professor of Management
Communications



Jeannette Colyvas
Associate Professor of
Management & Organizations

#### Who is this program for?

#### This program is ideal for:

- Middle-, upper- and senior-level executives
- Human resources professionals
- High-potential employees who have (or will soon have) significant responsibility for managing and leading others

# **Learning Experience**

## **Resources & Opportunities to Connect**



Network with your peers during small group lunches and events



Dig deeper during faculty office hours



Explore resources on a robust course site

# Q & A

#### For more information:

Go to kell.gg/kxpeople

- Contact your program Advisor Gretchen Baker
  - gretchen-baker@kellogg.northwestern.edu

# THANK YOU